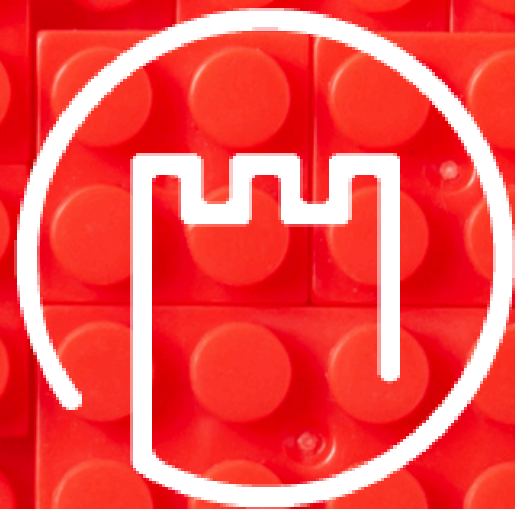


***A FEW HABITS WILL GET YOU
BACK ON TRACK***



SPARKSWEALTH